

1926

SPA

by Resense

*S*pa Menu

The Spa 1926 Experience

Welcome to the Spa 1926 by Resense. Every element of our spa menu has been carefully designed to provide you with classical service, a luxurious experience and an element of surprise. Not simply a treatment, but rather, an experience that achieves your desired wellness result and a little more...

Our Massages Experiences are distinct and soothing, our Body Experiences are deeply cleansing in a luxurious and personalized manner, our Facial Experiences are targeted and lavish and our Definitive Experiences are simply “a must”. The very nature of an “experience” though, is that it should be so good, you hope it never ends. Hence, please allow some more time to appreciate one of our Resense Collections.

We all look forward to welcoming you to enjoy The Spa 1926; and to consult personally and individually about your wellness experience or collection in this incredible destination, Malta.

Definitive Experiences

Our Definitive Experiences are simply a must! Crafted with luxurious organic products to deliver unique experiences and effective results.

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The Refiner

110 minutes EUR 160

Scrub, Wrap & Facial

Allow your body and mind to relax, first with a gentle full body exfoliation to cleanse the skin followed by a firming wrap. Then drift into a deeper state of relaxation with “The Pure” facial experience, leaving your body & face cleansed, radiant and silky smooth.

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The Detox

80 minutes EUR 115

Scrub & Wrap

‘The Detox’ begins with a mineral-rich sea salt and crushed olive stone body polish to exfoliate and stimulate the skin. The detoxifying wrap will work its magic, whilst your head is massaged, the perfect end to the perfect experience.

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The Pure

80 minutes EUR 115

Facial

This clarifying and restorative facial incorporates unique cleansing techniques with sun-dried Indian Rhassoul clay and blue lotus flower to naturally purify the skin and provide essential nutrition. Leaving the skin cleansed, radiant and silky smooth.

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The Rejuvenator

60 minutes EUR 95

Facial

Nourish and revitalize your skin. Organic and pro-collagen plant peptides stimulate the cell renewal process and repair the skin’s moisture barrier. Unique massage techniques, combined with pure seed oils rebalances your skin, with a gentle lifting effect. An organic sea algae face mask will smooth lines and create a healthy, radiant and youthful skin.

Massage Experiences

Surrender to the wonderful soothing effects of our tailored massage experiences delivered by our therapists' expert hands.

The Classic

50 or 80 minutes EUR 70/95

The father of all massages, otherwise known as Swedish massage. Utilizing five styles of long, gliding and flowing strokes, it has proven to be helpful in reducing muscular pain, joint stiffness and stimulating circulation. Your choice of soft, medium or hard pressure.

The Aroma

50 or 80 minutes EUR 70/95

The gentlest of massages, yet effective, balancing the whole body and the mind. A synergy of seamless massage techniques and specially blended essential oils ensure you will feel renewed and refreshed.

The Deep

50 or 80 minutes EUR 75/100

Before getting down 'to work', this massage experience begins with warming the muscles. This prepares you for a deep massage relieving tension in the muscles and the connective tissue. Perfect for those who enjoy a stronger massage.

The Stones

80 minutes EUR 105

Long massage strokes are combined with heated stones placed on key energy points of the body, warming and releasing energy from the muscles. Instantly relieves and comforts.

The Back, Neck & Shoulders

25 minutes EUR 39

So many of us hold tension in our upper backs and necks. Too many hours at the computer, too much stress from life in general. Tight muscles are released and then massaged into a relaxed state. And you don't even have to get changed!

Body Experiences

Cleansing and detoxifying, our ultimate body experiences ensure head to toe relaxation.

The Polish & Swathe

75 minutes EUR 100

Scrub & Wrap

Our aromatic body scrub infused with healing ingredients, cleanses your skin in preparation for the hydrating wrap. Whilst the wrap is working its magic, we will tenderly massage your head to balance and promote relaxation.

The Polish

30 minutes EUR 45

Scrub

Free the skin of dead cells thanks to an exfoliating sea salt scrub that will leave it extremely smooth, deeply hydrated and supple. Perfect on its own or prior to other experiences.

The Swathe

45 minutes EUR 65

Wrap

Experience the comforting sensation of this hydrating and nourishing body wrap. Like a second skin, this exquisite wrap deeply hydrates and softens the skin.

The Slim

60 minutes EUR 85

This comprehensive slimming treatment reduces the appearance of cellulite. The treatment starts with a peeling-wrap to smooth the skin, followed by an exclusive slimming massage, using a customized body serum. A highly effective treatment!

The Cleanse

60 minutes EUR 85

A deeply cleansing treatment using an enzymatic gel and a terracotta stone to prepare and exfoliate the body, followed by a modelling massage with Amber extract to ensure you are cleansed and refreshed.

Facial Experiences

Our targeted facials deliver results for every type of skin. Our spa therapists will guide you to the perfect experience for you.

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The Age Defier

75 minutes EUR 105

This customised, advanced anti-aging facial restores the skin's youthfulness and luminosity. A relaxing and luxurious experience, 'The Age Defier' delivers revitalized and firmer skin ensuring you embrace your younger self.

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The Brightener

60 minutes EUR 85

Designed to regenerate and illuminate for an improved complexion. The experience begins with an exfoliating, enzymatic peel to add luminosity and even out skin tone. A deeply relaxing massage follows, promoting circulation and aiding relaxation, sealed with a Vitamin C mask to brighten the duller of skins.

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The Hydrator

60 minutes EUR 85

A calming and repairing facial treatment infusing moisture, ideal for dehydrated and dull skin. High performing active ingredients protect the skin, promoting its natural resistance to premature aging.

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The Resurfacer

60 minutes EUR 85

This facial refines the skin's texture to reveal a clearer and more even skin tone. A powerful and effective double exfoliation using semi-precious ruby & sapphire crystals along with a glycolic and salicylic peel followed by an oxygenating mask to unveil a smoother, softer and brighter complexion.

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The Eye Brightener

30 minutes EUR 45

A fast, effective solution that works instantly on the lines and wrinkles of the eye contour. A rejuvenated eye with smoother skin in record time. Perfect to add to any facial experience.

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The Mini

30 minutes EUR 45

Suitable for all skin types and those with a short amount of time! Skin is deeply cleaned and nourished, leaving it looking clear and hydrated. Perfect after a massage or other experience.

Resense Collections

Our Spa Team will be happy to help you tailor your own collection, however we recommend the following combined experiences for those with a little more time to indulge in some well-deserved relaxation.

The De-Stress

80 minutes EUR 100

Scrub & Massage

Your experience starts with a gentle, exfoliating body polish preparing you for 'The Classic' massage. Perfect for those with a busy mind and body seeking to slow down.

The Body & Face

80 minutes EUR 105

Massage & Mini Facial

Enjoy the gentle, yet effective 'Aroma' massage experience to calm your body and mind. Followed by 'The Mini' facial experience to ensure that your face does not miss out on the fun too. For those in a hurry and not wishing to change, swap the 'Aroma' for a quick 'Back, Neck & Shoulder' massage experience.

The Complete

110 minutes EUR 155

Scrub, Wrap, Back, Neck & Shoulders Massage & Mini Facial

The eternal favourite, 'The Complete' is the optimum collection to make you look and feel at your greatest. To commence, we will exfoliate your entire body before massaging the skin with our hydrating and nourishing 'The Swathe' experience. The experience will be completed with a massage focused upon your back, neck & shoulders and 'The Mini' facial ensuring you are ready for that big event or to simply go home looking and feeling amazing.

Beauty Experiences

We have carefully designed the Beauty Experiences to be moments that you will always remember... Moments that go beyond just a manicure or pedicure.

Manicure & Pedicure	Minutes	EUR
Spa Manicure	50	30
Spa Pedicure	60	45
Express Manicure	25	20
Express Pedicure	40	30
Gel Polish – add on	15	18
Polish Change	15	15
Gel Removal	15	15
Paraffin – add on	20	15
Full Set Gel	60	45
Full Set Acrylic	60	45
Gel Overlay	30	27
Infills	30	27

Eyes	EUR
Eyebrow Shaping	10
Eyebrow Tint	10
Eyelash Tint	12

Beauty Experiences

Waxing	EUR
Upper Lip	10
Full Face	25
Underarm	12
Half Arms	15
Full Arms	20
Half Legs	20
Full Legs	30
Bikini	15
Brazilian Bikini	25
Back or Chest	25

Threading	EUR
Eyebrow	8
Upper Lip	6
Full Face	25

The Spa Suavities

The spa environment is one of tranquillity and relaxation. Please respect the quiet and privacy of our other guests. We kindly request that you refrain from using mobile phones and cameras. It is recommended that you leave all valuables in your guest room safe. The spa cannot assume liability for any valuables.

Health Concerns

Please advise us of any health conditions, allergies or injuries that could affect your experience or use of the spa facilities.

Spa Experience

For your convenience the spa will provide towels, slippers, shower caps and all amenities required for use during your visit. During all experiences, you will be properly draped for ensured privacy.

The Private Lounge

As your treatment benefits both body and mind, we invite and encourage you to rest after your experience to ensure that you gain the full benefit.

Reservations

Advanced booking is highly recommended to ensure preferred times are available, particularly if you decide to visit us a number of times during your stay. The spa provides walk-in bookings based on availability. You should plan to arrive 30 minutes before to experience our thermal area which will maximize the benefit of your treatment. To make a reservation, call the spa reception from your guest room by pressing 'The Spa' button on your in-room phone.

Gift Certificates

Our gift certificates make a wonderful gift for any special occasion. Please enquire with our Spa Concierge for details and purchase.

Minimum Age

The minimum age for spa treatments is 16.

Lateness & Cancellation Policy

Please be aware that your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We kindly ask our guests to give a minimum of 4 hours' notice for cancellations. With fewer than 4 hours' notice you will be charged the full price.

Hours of Operation

From 10:00 to 20:00 daily (Opening hours may vary depending on the season).



Spa 1926 by Resense
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